



STANFORD INTERVENTIONAL SPINE CENTER

isc@med.stanford.edu • (650) 736-0633



Before Your Procedure

1. If you have been referred from the Spine Center, call Keith two weeks following the procedure to check in regarding follow up care at (650) 725-6799.
2. If you have been referred from an outside doctor, call them and schedule a return visit.
3. If you have questions regarding side effects after the injection, call Franciny at (650) 736-0633.
4. Do not eat or drink 6 hours before your procedure. Your procedure will be cancelled if you do.
5. Do not take aspirin or aspirin products 5 days prior to your procedure, or antiinflammatories 5 days prior to your procedure. You may continue Vioxx or Celebrex. You may take Tylenol or Tylenol with codeine for pain.
6. You will need a driver to take you home after your procedure.
7. If your films or MRI was taken outside of Stanford, you will need to bring your films or MRI to your scheduled procedure. Your procedure may be cancelled if you do not bring your films.

Please contact Caryl at (650) 725-8721 if you have any questions or concerns